

2016 CSLP Adult Bibliography NLS Edition

This bibliography provides a list of books from the 2016 CSLP Adult Manual Bibliography that are available through [Talking Books Plus](#) (TBP), a network library of the National Library Services for the Blind and Physically Handicapped (NLS). All books with the prefix “DB” (audio books) and some with the prefix “BR” (braille books) are available for TBP members to download through [BARD](#). In addition, members may order these books by calling us at 401-574-5410 or emailing us at olis.tbplus@olis.ri.gov.

Note: Some books on the CSLP Adult Manual Bibliography may become available through Talking Books Plus later in the year. There may also be other formats of books on the original bibliography, such as braille and large print, available through other vendors.

This bibliography was created in collaboration with CSLP and Wolfner Talking Book and Braille Library staff.

Manual Print Resources

Adams, Mark. *Turn Right at Machu Picchu: Rediscovering the Lost City One Step at a Time*. **DB 75354**

Agus, David B. *A Short Guide to a Long Life*. **DB 78295**

Brown, Daniel James. *The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics*. **BRaille IN PROCESS**

Carper, Jean. *100 Simple Things You Can Do to Prevent Alzheimer's and Age-Related Memory Loss*. **DB 74187**

Coffey, Wayne. *The Boys of Winter: The Untold Story of a Coach, a Dream, and the 1980 U.S. Olympic Hockey Team*. **DB 62247**

Dinesen, Isak. *Out of Africa*. **DB 23011**

Douglas, Gabrielle, with Michelle Burford. *Grace, Gold, and Glory: My Leap of Faith*. **DB 76347**

Gilbert, Elizabeth. *Eat, Pray, Love: One Woman's Search for Everything across Italy, India, and Indonesia*. **DB 61789**

Hillenbrand, Laura. *Unbroken: A World War II Story of Survival, Resilience, and Redemption*. **DB 72129**

Kahn, Roger. *The Boys of Summer: The Classic Narrative of Growing Up within Shouting Distance of Ebbets Field, Covering the Jackie Robinson Dodgers, and What's Happened to Everybody Since*. **DB 16430**

Lapine, Missy Chase. *The Sneaky Chef: How to Cheat on Your Man (in the Kitchen!): Hiding Healthy Foods in Hearty Meals Any Guy Will Love*. **DB 65528**

Theroux, Paul. *The Great Railway Bazaar*.
BR 02900, DB 58610

Willett, Walter C., with Patrick J. Skerrett. *Eat, Drink, and Be Healthy: The*

Harvard Medical School Guide to Healthy Eating. **DB 67688**

Additional Book Suggestions

Healthy Minds

Brown, Brené. *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead.* **DB 75619**

Brown, Brené. *The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are.* **DB 76888**

Gilbert, Elizabeth. *Eat, Pray, Love: One Woman's Search for Everything across Italy, India and Indonesia.* **DB 61789**

Gladwell, Malcolm. *David and Goliath: Underdogs, Misfits, and the Art of Battling Giants.* **DB 77646**

Gladwell, Malcolm. *Outliers: The Story of Success.* **DB 68164**

Harris, Dan. *10% Happier: How I Tamed the Voice in My Head, Reduced Stress without Losing My Edge, and Found Self-Help That Actually Works—a True Story.* **BR 20490, DB 78636**

Harvey, Steve. *Act Like a Success, Think Like a Success: Discovering Your Gift and the Way to Life's Riches.* **DB 80480**

Kondo, Marie. *The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing.* **DB 80607**

Ruiz, Don Miguel. *The Four Agreements: A Practical Guide to Personal Freedom.* **BR 16247, DB 50851, DB 62966** (Spanish)

Singer, Michael A. *The Untethered Soul: The Journey beyond Yourself.* **BR 19644, DB 75469**

Winfrey, Oprah. *What I Know for Sure.* **DB 79948**

Read for Your Life

Fey, Tina. *Bossypants*. **DB 72819**

Gaffigan, Jim. *Food: A Love Story*. **DB 79832**

Harris, Neil Patrick. *Neil Patrick Harris: Choose Your Own Autobiography*. **DB 80057**

Kaling, Mindy. *Is Everyone Hanging Out without Me? (And Other Concerns)*. **DB 74046**

Offerman, Nick. *Paddle Your Own Canoe: One Man's Fundamentals for Delicious Living*. **DB 78148**

Poehler, Amy. *Yes Please*. **DB 80350**

Schultz, Patricia. *1,000 Places to See Before You Die: 2nd Edition: Completely Revised and Updated with Over 200 New Entries*. **DB 69698**

Sedaris, Amy. *I Like You: Hospitality under the Influence*. **DB 65319**

Sedaris, David. *Let's Explore Diabetes with Owls*. **DB 76599**

Hale and Hearty Habits

Guiliano, Mireille. *French Women Don't Get Fat: The Secret of Eating for Pleasure*. **DB 59698**

Jamieson, Alexandra. *Women, Food, and Desire: Embrace Your Cravings, Make Peace with Food, Reclaim Your Body*. **DB 81134**

Price, Catherine. *Vitmania: Our Obsessive Quest for Nutritional Perfection*. **BR 20750, DB 81191**